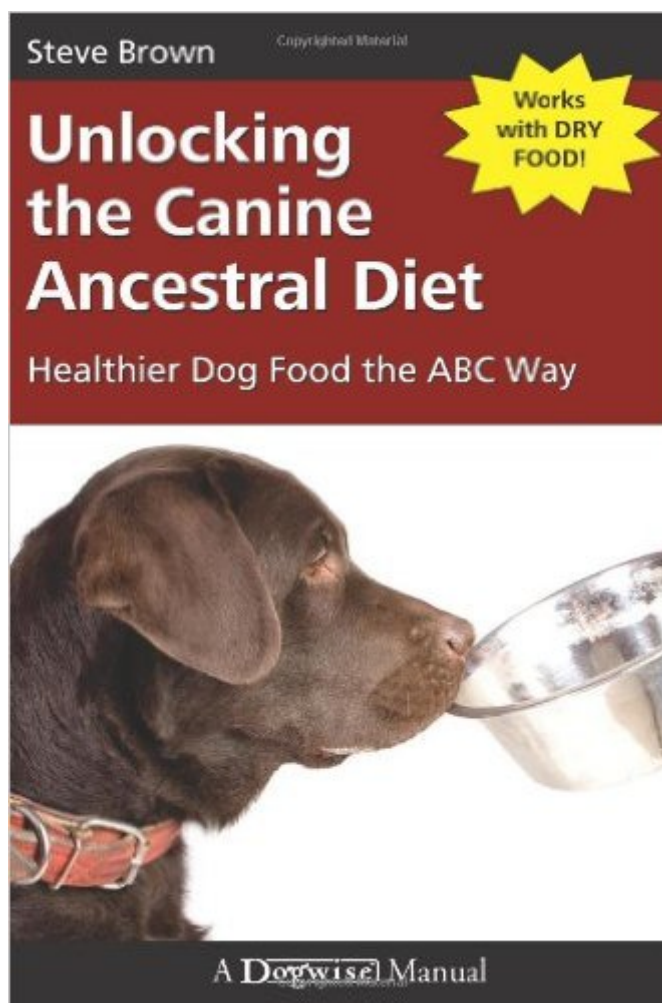


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# Unlocking The Canine Ancestral Diet: Healthier Dog Food The ABC Way



## Synopsis

Ancestors and canine cousins of our dogs didn't eat crunchy kibble or meat n gravy in a can. They ate what they found or caught... and it wasn't cooked or enriched either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats.

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## Customer Reviews

I have not been an advocate on raw feeding or the ancestral diet for dogs. Most information I've received (before finding this book) didn't base their information on much research, other than feeding off an opinion that wild wolves eat raw meat, are carnivores and never (or rarely) eat carbs; so therefore, this is how our domestic dogs should eat. --That was something that I could never swallow down too well, while considering the best possible diet for my huskies. Wild game (that generally gets hunted by wolves) and farm animal meats (even free range, organic, etc..) are different, and centuries (to thousands of years) ago, wild game was much healthier and didn't have the pollutants & disease that we have today. Yet, I've always felt that dogs should have more proteins than pet foods provide...one of the many reasons I chose to home-prepare and homecook for our Sibes."Unlocking the Canine Ancestral Diet" (Brown) is one of the best books on explaining the nutritional needs of dogs, while referring to their ancestors (wolves & other wild dogs) as a

guideline. The other book (also a recent find) is "Raw & Natural Nutrition for Dogs" (Olson). Both books, I'd highly recommend for anyone who is wanting to prepare, homecook or supplement their dog's nutritional needs through use of whole-foods. Brown has a slightly different view than Olson when it comes to fats. \*Olson explains how fat content should come from meat sources, while Brown explains a balance between animal & plant sources of fats (and uses a little more scientific explanation for his reasons) as more optimal. It's truly hard for me to decide which one is better, since both are very well written. Regardless, neither tries to force Raw feeding and both understand one way of feeding isn't for everyone.

This book was very informative. I learned a great deal from it. It was a pleasure to read a book like this that was so well researched and that shows how to balance fats and meet all the nutritional requirements that dogs need by using fresh foods. I, however, prefer a flexible balance over time approach instead of trying to be as calculating and scientific as this author tries to be with each individual recipe. There's nothing wrong though with feeding in such a scientific and calculated way, if that appeals to you. He gives you the recipes and feeding plans to do that, if you want to. It is not hard to do. Just follow his recipes. I also don't feel comfortable using some plant oils like flax oil, walnut oil, and hemp oil. That doesn't seem natural to me for a dog to have, but then again, if used as this author says in his recipes, they're probably fine and effective if you're striving for perfectly balanced fat recipes for each individual meal. And there are other options that he presents for people like me who might not want to use those plant oils. Sardines, which my dog loves, work with any type of meat. I feel that the fats balance out if you feed a wide variety of meats: I use bison, grass fed beef, turkey, chicken thighs, wild salmon, sardines, eggs, lamb, duck, goose, an egg or two each day, lots of different vegetables -- (mostly organic ingredients)...etc. to feed my German Shepherd dog. It seems sort of unnecessary to be so precise with each meal. You have to be sure to measure out the calcium you add to boneless meats and weigh the meat to keep that ratio approximately right, but other than that, I don't think that you have to be so exact with each and every nutrient in every single meal.

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